

## **MKM PROGRAMS**

**RECREATIONAL:** Summer Dance/Cheer Camp & Specialty Classes; Fall/Winter – Genres of choice according to age and ability (recital and non-recital).

**BEGINNER LEVEL ON COURSE FOR ADVANCEMENT:** Summer Dance/Cheer Camp & Specialty Classes; Fall/Winter – one weekly ballet class (min.) and genre of choice.

**INTERMEDIATE LEVEL ON COURSE FOR ADVANCEMENT:** Summer classes and/or workshops; Fall/Winter – one or more weekly ballet classes, one or more added classes in technique, T/L/J, fitness/conditioning classes, & 2 or more genres of choice.

**ADVANCED AND COMPANY LEVEL:** Summer classes and/or workshops; Fall/Winter - minimum of two ballet classes, added technique and conditioning classes, T/L/J, and genres of choice.

**COMPANY MEMBERS :** A minimum of 3 classes required, 1 or 2 ballet classes or 1 ballet class and 1 turns/leaps and jumps in addition to Company choreography class.  
**ELITE MEMBERS –** 3 day minimum commitment including at least 2 ballet classes.

## **CLASS DESCRIPTION AND ATTIRE**

\*\*\*Appropriate attire may be ordered and purchased at either studio location.

**BALLET/POINTE/TECHNIQUE –** Classical training in French and Russian styles – black leotard, pink tights, pink ballet slippers, optional skirt (teacher discretion). Hair secured in a bun.

**TAP\*JAZZ -** From classic to modern day techniques, these classes will develop coordination, rhythm, flexibility and strength. Each teacher's unique style adds to the excitement of these classes! Leotard of choice, tights and/or jazz pants or dance shorts and shoes as determined by teacher according to genre (check with instructor before purchasing). No t-shirts, street clothes, pajama pants or baggy sweats allowed. Hair pulled back.

**CHEER/DANCE ACRO -** Various tricks such as cartwheels, round offs, bridges and walk overs will be taught in this class along with cheer/drill team type dance moves. Accompanied with today's popular music, this class appeals especially to the pre-teens! Leotard, tights and dance shorts and shoes as determined by the teacher. No street clothes or loose clothing, hair is to be pulled back.

**LYRICAL\*CONTEMPORARY/CONT. POINTE\*LITURGICAL –** Expressive movement and choreography as interpreted by the individual style of teacher utilizing ballet technique and skills. These classes feature the music of today's popular artists, and

Christian music in the Liturgical class. The Contemporary Pointe class is a fusion of pointe and modern dance geared to challenge the int/adv dancer. Leotard, tights (footed and footless) and shoes according to genre and teacher are worn in these classes.

HIP HOP/JAZZ FUNK- Today's dance moves and music (carefully screened) incorporating the latest moves according to the unique style of the instructor. Hip Hop attire and hip hop sneakers are worn in this class.

KIDS "POP" \*BABY BOB\* "TINY STARS" B/T/J COMBO CLASSES & MOM AND TOT – Age appropriate movement and music designed for our youngest dancers!

Featuring toddlers favorite familiar tunes and today's popular artists such as Hannah Montana, Jonas Bros., High School Musical for our "mature" kids. Each unique "kid friendly" instructor adds their special talents to each of these classes! Tammy Manning-Kabat, the Assistant Artistic Director has developed a curriculum of classes designed to keep our "tiny stars" motivated and interested. With the use of props and fairy tale ballet, these young dancers will learn ballet, tap and jazz technique as they gain self confidence while having fun! Pink Ballet and black tap shoes, leotards and tights of choice are worn in the combo classes while comfortable clothing and ballet slippers are worn in the Baby Bob and Mom and Tot classes. Kids Bop class participants wear dance leotard, tights, jazz pants or dance shorts of choice and tan jazz booties.

MUSICAL THEATER - Broadway jazz technique and choreography to musicals ranging from "Damn Yankees" to "A Chorus Line" as well as Broadway's most recent. Leotard, tights, and character shoes required.

FITNESS CLASSES - Comfortable exercise or aerobic clothing and clean aerobic or running shoes. (No street shoes are permitted on dance floor).

SHOW CHOIR -This class will meet twelve times throughout the year on Saturday the Studio. Please refer to a separate handout for more information.

SUMMER CAMP – Dance Education featuring daily genres & instructors& various venues of presentation.

\*\*\*Classes with less than eight are subject to cancellation. Teachers may be subject to change.